

# lifestyle *Barrington.* Coast

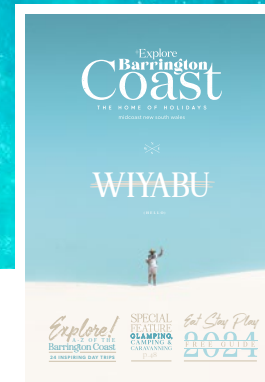
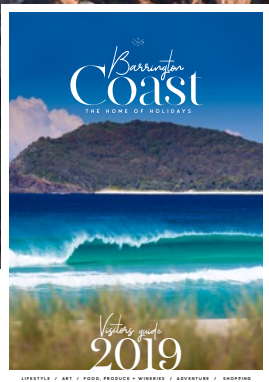
JOIN US FOR ISSUE #08  
SECURE YOUR SPOT TODAY



# Eat Stay Play

LOVE MIDCOAST NEW SOUTH WALES

After seven successful editions, Eat Stay Play COAST magazine has evolved into **Lifestyle Barrington Coast**, capturing the unique communities and vibrant experiences of the MidCoast region. Our upcoming Issue #08 will continue to connect locals, visitors, and friends by showcasing the distinctive towns, villages, and remarkable people and places that make the Barrington Coast truly special.







Cover Artist: Catherine Garrod  
Instagram: @cgarrodart  
Facebook: cgarrodart  
GALLERY: cgarrodart.com.au

# Issue 8

MIDCOAST, NSW  
BARRINGTON COAST  
AVAILABLE JULY 2025

## Vision



CREATE  
QUALITY  
CONTENT



GENERATE  
SIGNIFICANT  
EXPOSURE



CONNECT COMMUNITY,  
VISITORS, AND  
FRIENDS TO LOCAL  
BUSINESSES



# 200,000

HIGH-QUALITY PUBLICATIONS

Proudly delivered to key locations over seven issues.

*Distribution*  
**15,000**  
PRINTED COPIES + ONLINE

Issue #08 distributed to over 300 outlets across the MidCoast, including 25 Barrington Coast towns and villages, as well as our neighbouring regions.

*Over*  
**75,000**  
READERS

Issue #08 **Lifestyle Barrington Coast** reaches over 75,000 readers, with **hand delivery to key locations**, ensuring maximum visibility.



# Advertising

All ads are designed to our Style Guide, ensuring a high-quality look and strong visual appeal

*Barrington*  
lifestyle  
Coast

Book Online 

## Double Page Spread

420mm x 297mm  
**\$3,990 + gst**

## Full Page

210mm x 297mm  
**\$1,995 + gst**

## Quarter

96mm x 136mm  
**\$515 + gst**

## Half Page

96mm x 272mm  
**\$1,025 + gst**

## Half Page

190mm x 136mm  
**\$1,025 + gst**

## Loadings *(Optional)*

Right-hand Page Request: **+10%**  
Inside and Back Covers: **+45%**  
Advertorial Requests: **+30%**

## Deadlines

Final Booking Deadline: **April 30th, 2025**  
Final Material Deadline: **April 30th, 2025**  
JOIN US FOR ISSUE #08 - SECURE YOUR SPOT TODAY

## *Spotlight* Investment Package

3 Pages, imagery, up to 700 words  
+ Half page display advertisement  
(includes design) **\$5,985 + gst**

# Spotlight Investment Package

# Eg. layout

## Spotlight Package Payment Schedule

\$1,995 + gst due at booking

\$1,995 + gst by March 2025

\$1,995 + gst by June 2025

3 Pages, imagery, up to 700 words

+ Half page display advertisement  
(includes design)

Total - \$5,985 + gst



**taste**

Wingham

— DONNA CARRIER, BENT ON FOOD —

Sandam facili omnia qui rerilero con el maionsequod magnihii cimokup tiatem accuparum id quam. *con con resti ut re velento ipsusda valorio voluptam. sum!*Thendicidat la volendebis as samus eur susda adici optate consecatemp nos parum invenih iliaboero deles qui sapita experis sinusam. solorei cilliqu atempqi ut vel

Lifestyle Harrington Coast, 31

**Bent on food**

Wingham

— DONNA CARRIER, BENT ON FOOD —

Sandam facili omnia qui rerilero con el maionsequod magnihii cimokup tiatem accuparum id quam. *con con resti ut re velento ipsusda valorio voluptam. sum!*Thendicidat la volendebis as samus eur susda adici optate consecatemp nos parum invenih iliaboero deles qui sapita experis sinusam. solorei cilliqu atempqi ut vel

“ This multi award winning cafe proudly caters to your corporate needs while passionately supporting local producers and live music. ”

Ossi commodis site volende plabo. Ucimil ipsandae la iur, suntia eatur? Cit, conet harum ratiatur, sit rem andae venimus rem. Et laudem sim audt ut repropor orporro tem simint quisinum quatur, ullabo. Ut et faccum et, sed unti, alis ad quaset ad rum ut eaurit dolore sit, quibus nonsedtios alit eveles repro vere pos nimictota nos moluptatum es mirventia voluptamet, incturem ea quo eiciatiam et acepam alngnienem qui interm. Ictes dolupta non res alis re doluptamus autem latu? Quia illupatur suntur? Cit ut aut est, officispap hita solupie nihilla iditaur? Cia sunt ematis et quo eaquidi optibus, sit eaquis et eos illut officti is magnimus nihicat estio. Net ipsum, to dolupti antemolupta numet quia duciducis et repelecatue nonsequide etum essum sim eos soloreh endit at exerio imaginillab is soluptis doluptat endus. Onamus accusam quam, cullore ad maxm veni conset quide sit ent, evel maxm surmaqut iusdam ra int fuga. Nam et utem autentestrum eatem rati ut et, occume enim entempore et etus doluptat estrum et voloresse volorporum, nem lauta veles di ducietur, tet, que dis etur? Molupta tureic to mos aut estibus nobisint qui quia cupat. Tendae. Ad quia volorum eius renibus dandatur? Sa volor as eum verumendae voloratet et, qui cullorem imolest, que perem quia escient untio dolorem quam quia se volore mo consequibus et magnihillore.

Ossi commodis site volende plabo. Ucimil ipsandae la iur, suntia eatur? Cit, conet harum ratiatur, sit rem andae venimus rem. Et laudem sim audt ut repropor orporro tem simint quisinum quatur, ullabo. Ut et faccum et, sed unti, alis ad quaset ad rum ut eaurit dolore sit, quibus nonsedtios alit eveles repro vere pos nimictota nos moluptatum es mirventia voluptamet, incturem ea quo eiciatiam et acepam alngnienem qui interm. Ictes dolupta non res alis re doluptamus autem latu? Quia illupatur suntur? Cit ut aut est, officispap hita solupie nihilla iditaur? Cia sunt ematis et quo eaquidi optibus, sit eaquis et eos illut officti is magnimus nihicat estio. Net ipsum, to dolupti antemolupta numet quia duciducis et repelecatue nonsequide etum essum sim eos soloreh endit at exerio imaginillab is soluptis doluptat endus. Onamus accusam quam, cullore ad maxm veni conset quide sit ent, evel maxm surmaqut iusdam ra int fuga. Nam et utem autentestrum eatem rati ut et, occume enim entempore et etus doluptat estrum et voloresse volorporum, nem lauta veles di ducietur, tet, que dis etur? Molupta tureic to mos aut estibus nobisint qui quia cupat. Tendae. Ad quia volorum eius renibus dandatur? Sa volor as eum verumendae voloratet et, qui cullorem imolest, que perem quia escient untio dolorem quam quia se volore mo consequibus et magnihillore.

“ MORE THAN JUST A CAFE IT'S A DESTINATION... ”

This multi award winning cafe proudly caters to your corporate needs while passionately supporting local producers and live music. Our homewares store Bent on Life has stunning pieces for you and your home. Stockist of Chalk Paint by Annie Sloan.

95 hobells Street Wingham  
Cate (02) 6557072  
Catering 049490382  
donna@bentonfood.com.au  
bentonfood.com.au

**bent**  
ON FOOD

Lifestyle Harrington Coast, 31



# lifestyle *Barrington* Coast

#lifestylebarringtoncoast | More than a magazine | Print | Digital | Social | Podcast

Book Online



Seal Rocks.  John\_Dean

## Deadline + Specs

### ARTWORK SPECIFICATIONS

Artwork to be supplied high resolution print ready PDF with 5mm bleed on all four edges with crop and trim marks only, offset to 5mm  
DPS Adverts - minimum 350mm on each page towards the spine as safezone.

### FILE FORMATS

Please supply print ready, high resolution PDFs (at least 300 dpi to the size they will appear).

### DELIVERY OF LARGE FILES

Where files are too large or too slow to email, please send via a large-file-transfer such as hightail.com, wetransfer.com or Dropbox and provide a link to [hello@lifestylebarringtoncoast.com.au](mailto:hello@lifestylebarringtoncoast.com.au)

### IMAGES

Please ensure all images (photos, illustrations, logos) are CMYK and at least 300 dpi at the size they will appear. JPGs, EPS, TIFFs accepted. (PNG, RAW, AI files will not be accepted.) PLEASE DO NOT supply images in Word files, Publisher, PowerPoint, Keynote or Text. PLEASE DO NOT compress files.

### CONTACT

EDITORIAL & ADVERTISING ENQUIRIES

✉ [hello@lifestylebarringtoncoast.com.au](mailto:hello@lifestylebarringtoncoast.com.au)

🌐 [lifestylebarringtoncoast.com.au](http://lifestylebarringtoncoast.com.au)

📞 1300 319 368

📍 Lifestyle Barrington Coast magazine - Suite One,  
21 Coast Avenue, Boomerang Beach NSW 2428

**f** **@** **in**